

Johnnie Sue's Lace Up Against Cancer 5K Run/Walk

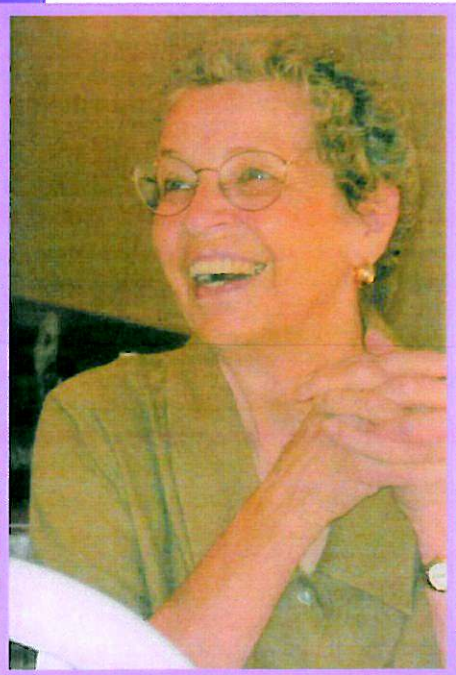


To register for this event please fill out the brochure and send along with your check to:

Junenna Helt

Po Box 547 Mt. Vernon, IN 47620

Please make checks payable to: Lace Up Against Cancer



- March 19, 2011
- Begins at 3 P.M.
- Kids Dash @ 4:15
- Mount Vernon
Riverfront
- Family entertainment
Afterwards
- Visit our Facebook page
for more information

Johnnie Sue's Lace Up Against Cancer 5K Run/Walk

Johnnie Sue Mason was diagnosed with small cell lung cancer on March 31, 2005. She passed away on March 16, 2008.



The Mt. Vernon Relay for Life would like to thank the following sponsors:

POWER OF PURPLE SPONSORS:

Road ID
Consolidated Grain & Barge

There are sponsorship opportunities available. For more information please contact one of the race directors.

Come out and help make this years Inaugural Johnnie Sue's Lace up Against Cancer a success! Start your evening with a 5K Run/Walk followed by entertainment for the entire family. A Kids Dash will follow the 5K starting at approximately 4:15 PM. The evening will be filled with live entertainment and fun for the entire family. Plenty of drinks and food will be available for purchase! So bring the family out and help support your local American Cancer Society.

Race Directors:

Junenna Helt
Junenna.helt@cgb.com

Marissa Priddis
theloudlibrarian@yahoo.com

Tiffani Weatherford
tweatherford@ccswin.com

Many years ago my mother worked in a pharmacy. One of the first known AIDS patients would come in to get medicine. At that time not much was known about AIDS. It was thought to be a plague or a death sentence. When this man would come in, everyone would avoid him and fear their life. My mother was touched by his sadness and loneliness and she would talk to him. All she was a human being with a heart who was scared and lonely.

One day when the man came in she spoke to him and tears began to fill his eyes. He told her the worst thing about having AIDS was that no one would touch him because they were scared for their life. My beautiful, wonderful, passionate mother came out from behind the counter and hugged the man. She cried with him and loved him for that very moment.

The beauty here is that she gave that hug and at that time she knew she could have been risking her life just to give it....but she did it anyway. These are the kind of people that cancer takes from us. My mother fought cancer for three years before losing her battle. This run/walk is to help fight this disease so we do not lose any more Johnnie Sue Mason's.

-Marty Mason, Mt. Vernon, IN

COMPLETE REGISTRATION FORM AND MAIL WITH PAYMENT TO:

Junenna Helt
% Johnnie Sue Mason 5K
Relay for Life Fundraising Chair
PO Box 547
Mount Vernon, IN 47620

Make checks payable to: Lace Up Against Cancer

Registration Form

Name _____

Address _____

Age _____ Male _____ Female _____

Home Phone _____

Cell Phone _____

E-Mail _____

Walker _____ Runner _____

Shirt Size: S ___ M ___ L ___ XL ___ XXL ___

Amt. Enclosed: \$ _____

Please send only check or money order

In consideration of acceptance of my entry, or as the parent, or legal guardian of this entrant, I, intending to be legally bound, hereby for myself or as the parent or legal guardian for this entrant, my or their heirs, executors and administrators, waive, release and forever, discharge any and all rights and claims for damages I, or this minor entrant have against the sponsors or co-sponsors of the American Cancer Society Posey County Relay for Life 5K Run/Walk and it's members, and all other sponsoring agencies, the City of Mt. Vernon, their representatives, members, officials, employees, successors and assigns for any and all injuries suffered by me or this minor entrant in said event. I further warrant that I or the minor entrant have trained for a race of this distance and weather conditions and that I or the minor entrant am physically fit for such event.

Signature: _____

Date: _____

Registration:

\$20 if registered by Feb 28th
\$25 if registered after Feb 28th
Kids Dash Free for 12 & under

Race Day registration available
beginning at 1 PM and
ending at 2:30 PM

Awards:

Trophies for overall male/female
runners/walkers

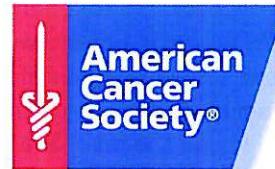
5K Run: awards for top 3 in each age
group

5K Walk: awards for top 5 male/
female walkers

Age Groups:

5K Run: Male/Female, 16 and under,
17-25, 26-30, 31-35, 36-40, 41-45, 46-50,
51-55, 56+

Run/Walk Rain or Shine



**COMPLETE REGISTRATION
FORM AND
MAIL WITH PAYMENT TO:**

Junenna Helt
% Johnnie Sue Mason 5K
Relay for Life Fundraising Chair
PO Box 547
Mount Vernon, IN 47620

**Make checks payable to:
Lace Up Against Cancer**

Inaugural Johnnie Sue's Lace Up Against Cancer 5K Run/Walk

- * Long sleeve shirts guaranteed to the first 150 entries
- * Live entertainment after the run/walk
- * Awards for the top runners/walkers
- * Kids Dash

**Saturday
March 19,
2011 @ 3PM**

