

A Walk in The Park 5K Walk/Run

All early entry fees of \$15.00 must be received or postmarked no later than April 19, 2010. After the 19th, a \$20 fee will be accepted up to 7:50 a.m. on May 1st at Forest Park High School.

Make Check Payable To:
All-Star Sports

Name _____
First Last

Address _____

City State Zip

Age _____ (Day of Race) Sex: M F (Circle)

Phone # _____

5K Run _____ 5K Walk _____

T-Shirt Size: XL L M S (Circle)

Waiver & Release

In consideration of your receiving my application, I, intending to be legally bound, hereby for myself and my heirs, do release forever All-Star Sports from any injuries suffered in the 5K run or walk on May 1, 2010.

Runner's Signature Date

Parent/Guardian Signature Date

(For participants under the age 18 years)

Mail to: **Philip Wolf**
6592 S. Club Rd.
St. Anthony, IN. 47575



Cut Here



6592 S. Club Rd.
St. Anthony, IN. 47575

A Walk In The Park

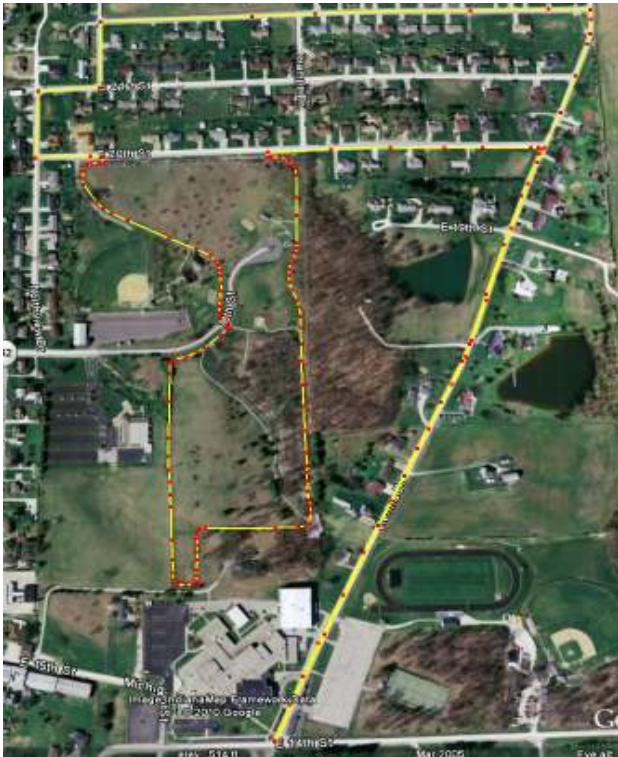


May 1, 2010

5K Run/Walk - 8:30

Forest Park High School
Ferdinand, IN

(Park Behind the School by the Track)



Race Direction:

Start on Vienna Drive by the High School
 North on Vienna Drive
 Turn Left on East 22nd St.
 Turn Left on Maple Drive
 Turn Right on East 21st St.
 Turn Left on Northview Drive
 Turn Left on East 20th St.
 Enter City Park and Make 1 Complete Loop
 Return to East 20th St.
 Turn Right on Vienna Drive and Finish at School

If you have any questions call:
 (812) 326-2507

T-shirts:

All entrants with registrations postmarked by April 19th, 2010 are guaranteed a T-shirt the day of the race. All entries received thereafter will receive a T-shirt based on availability. T-shirts may be picked up at the registration table the day of the race.

Registration Information:

Each participant must complete and sign an official entry form. Entry forms may be obtained online at tristaterunner.com or picked up at local businesses.

Fee:

The early entry fee is \$15.00 if it is postmarked on or before April 19, 2010. Late entries received after April 20, 2010 will be \$20.00.

Make Check Payable To:
All -Star Sports

Sponsor



German American
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Dean Beckman E. MD
ALL-STAR SPORTS

Awards:

At the completion of the race, an award will be given to the top male and female top overall winners. Prizes will also be given to the winner in each age category for runners and walkers.

Age Groups:

- 14 & under
- 15-19
- 20-29
- 30-39
- 40-49
- 50-59
- 60 & over

Restrooms will be available before and after the race for all participants and spectators.

Water Stations will be placed at the 1.5 mile mark. After the race, water, fruits, and snacks will be provided for all participants.

"Motivation"
 Gets You Started
"Desire"
 Keeps You Going