

Entry Fees

Early Registration - \$20
August 5

Race Day Registration - \$25
August 12 -- 4:30 - 6:00 pm

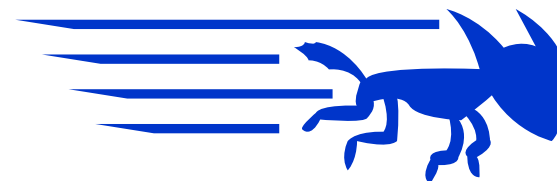
Team Rate - \$15 each person
for teams of 8 or more
Free Shower facility at
Henderson YMCA

Questions?
Call 270-830-8063

Shelter for Women & Children
P.O. Box 1617
Henderson, KY 42419



Presents



**FOX on the
RUN**

Benefitting Shelter for Women & Children

5K Run & Walk
Friday, August 12, 2011
Race begins at 6:30 pm
Waterfront in Downtown Henderson, KY

Thank You Sponsors

Phillip Thompson

Farm Bureau

Dempewolf Ford

Donald & Shirley Wathen

Meuth Carpet

Dr. David & Peggy Watkins

Air Hydro Power

Phelps & Carol Lambert

Jerusalem Lodge no.9

Independence Bank

Tri State Podiatric

Dunaway Drug Store

T. Royster Autoplex

Hazelwood Properties

Henderson YMCA

Ways to Register

1) Mail-in Registration - until August 5

Send completed entry form, along with entry fee to:

Shelter for Women & Children

P.O. Box 1617

Henderson, KY 42419

2) Race Day Registration

Friday, August 12, 2011

4:30 pm to 6:00 pm

Registration Booth

Near the corner of 2nd Street and Water Street
on the riverfront.

3) Visit our Website

www.shelterforwomenandchildren.org

Award Divisions

*Drawing for door prizes begin immediately following the closing ceremony

Trophies awarded to 1st place winners
and finishers in each age group:

14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & over.

5k Walk: Trophies will be given to the top 5
male and female finishers

Entry Form

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Age: _____ Male Female

Race: Run Walk

Phone: _____

Email: _____

T-Shirt size: Sm M Lg XL

Additional Entries

T-Shirt size: Sm M Lg XL

Name: _____

Age: _____ Male Female

Race: Run Walk

Name: _____

Age: _____ Male Female

Race: Run Walk

Walkers will start immediately following runners.
If you are in the Walk category, you must walk the entire race

I know that running or walking a road race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I also know that, although police protection will be provided, there will be traffic on the course route. I assume the risk of running into traffic. I also assume any and all risk associated with running in this event included but not limited to falls, contact with other participants and effects of the weather and the condition of the roads, all such being known and appreciated by me knowing these facts, and in consideration of your accepting my entry. I, hereby, for myself, my heirs, executors, administrator or any one you might claim on my behalf, consent not to sue, and waiver release and discharge of all sponsors.

The Shelter for Women and Children, the State of Kentucky, City of Henderson, Henderson County and race officials and volunteers, will not be held responsible for any claims of liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of my participation in this event. This release and waiver extends to all claims of every kind and nature whatsoever, for reasons foreseen and unforeseen, known and unknown. The undersigned waiver grants full permission to all sponsors and/or agents to use my photographs, video tapes motion pictures, recordings, or any other record of this event for any purpose. Applications for minors will be accepted only with a parents signature.

Participant Signature _____

Parent/Guardian (If participant is under 18 years of age) _____