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PAT MCCORMICK RACE TO REMEMBER



SATURDAY, MAY 14TH
8:00 AM

10K RUN/WALK
&
2.5 MILE FUN RUN/WALK

PAT MCCORMICK RACE TO REMEMBER

**For a town its size, Henderson has had some outstanding athletes.
We lost a good one in 2009.**

Pat McCormick loved to run, bike, and swim. He ran numerous races, including several marathons, and when he decided the long-distance running was hard on his knees, began participating in triathlons. His favorite runs were downtown Henderson and on the hilly trails of Audubon Park.

An inspiration for many, he rarely missed a day of exercise, heading to the YMCA on days when he couldn't train outside. When he was diagnosed with pancreatic cancer in March, 2009, he was only days away from beginning training for a Half IronMan Triathlon (swim 1.2 miles, bike 56 miles, then run 13 miles). His encouragement lives on today, with those participating in this memorial run.



St. Anthony's Hospice, in partnership with the community, seeks to maximize the quality and dignity of life for individuals facing life-limiting illnesses. Through a holistic approach, our professional team is honored to guide and empower patients, families, and caregivers during life's most sacred journey. Proceeds from this event will benefit St. Anthony's Hospice.

* Mail Completed Entry Forms to: *

St. Anthony's Hospice Race to Remember

2410 S. Green Street,
Henderson, KY 42420.

Make checks payable to St. Anthony's Hospice.

Registration is also available online at
www.stanthonyshospice.org

If you are not able to participate in the race but would like to support the event, become a "memory" runner by mailing a contribution to St. Anthony's Hospice.

Entry Fee –

- **10K fee \$30 until Race Day, 14th.**
 - **Race Day 10k entry fee \$35.**
 - **2.5-mile Fun Run/Walk fee \$20.**
- New this year*
- **Team of 10 or more discount \$5 per person either race - early registration only.**

Schedule of Events

- 7:00 AM Stretch/Warm-up
- 7:30 AM Celebration of Life Opening Ceremony
- 8:00 AM 10K Race Begins
- 8:30 AM 2.5-Mile Fun Run
- 10:00 AM Awards Ceremony

Drawing for door prizes begin immediately following the closing ceremony.

All participants eligible:

10k Prize Money for top 3 overall winners in male and female category

- 1st Place – \$250**
- 2nd Place – \$100**
- 3rd Place – \$75**