

JOIN GERWC FORM
Join Club for 2011
Single \$15 Family \$20

Membership Application
 (If Family Membership, Name and
 Birth Date of Each Member)

Name _____

Date of Birth _____ Phone No. _____

Name _____

Date of Birth _____

Name _____

Date of Birth _____

Name _____

Date of Birth _____

Member Address:

 street city st zip
Email Address:

Please Check Below:
 Runner _____ Walker _____
 Family Membership _____
 Individual Membership _____
 New Member _____ Renewal Member _____
 I would like to Volunteer at some races
 YES _____ NO _____

Walk-it Day GERWC Membership

Walk-it Day 5K
SUNDAY MAY 22, 2011
Open Shelter by Pool
 1738 N Main St
 Evansville, IN 47710

WALK/RUN 3pm

For Map go to
<http://www.gerwc.com/maps.html>

Packet Pickup and Late Registration:
 2pm - 2:45pm
 First 300 entrants will receive a Walk-It Day
 5K Technical T-shirt.

Awards:
 All finishers will receive a commemorative medal

Get Moving on May 22, 2011,
by participating in the
Weight Watchers® Walk-It Day 5K!

The GERWC has partnered with the Road Runners Club of America to Present the Weight Watchers® Walk-It Day 5K on May 22nd to highlight walking as a great way to get moving, burn calories and tone muscle. Join the GERWC at Garvin Park at 3pm and take the Weight Watchers Walk-It Challenge 2011 with us. The GERWC Weight Watchers Walk-It Day 5K is open to the public, and you can also register online at the address below.

<http://www.gerwc.com/walkitday5k/>

MUST MAIL BY May 12th

For More Info Contact:
gerwc5kvp@gmail.com

Make Checks payable to: **GERWC**
Mail to:
 Walk-it Day 5K Walk/Run
 c/o GERWC
 PO Box 3835
 Evansville, IN 47736

Walk it Day - RACE REGISTRATION FORM
Please Print

Name: _____

Address: _____

City: _____ St: _____ Zip: _____

Phone: _____

E-mail: _____

Age on RaceDay: _____
 How much weight have you lost while on
 Weight Watchers : _____

One Entry Form Per Person

MUST CIRCLE ALL BELOW:

Male / Female **Shirt Size:** S M L XL 2XL
 3XL 4XL 5XL

Race: 5k Walk 5K Run

	On or Before 5/12	After 5/12
Entry Fees	\$20.00	\$23.00

GERWC
Membership Single \$15 Family \$20

Total Amount Enclosed \$ _____

WAIVER:

In submitting this entry, I, intending to be legally bound for, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims that I may hereafter accrue to me against the Greater Evansville Runners/Walkers Club, the event sponsors, event volunteers, and their officers, directors, agents, successors, and/or assigns for any and all injuries suffered by my family and I at this event, while traveling to and from the **WALK IT DAY 5K** and **Garvin Park** or while participating in the event. I attest and verify that I am Physically fit and sufficiently trained for the competition of this event.

Signed: _____
 (Note: Parent or Guardian must sign if applicant is under 18 years of age.)

Only the GERWC may use my info.

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EVANSVILLE, IN 47711
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Eric Gries Disposal



Mulzer Crushed Stone, Inc.

Walk-it Day 5K Walk/Run
c/o GERWC
PO Box 3835
Evansville, IN 47736



www.gerwc.com

All Proceeds Benefit GERWC

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ORGANIZATION
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Weight Watchers®
WALK-IT
CHALLENGE 2011

GERWC presents the
Weight Watchers Walk-It Day

SUNDAY
MAY 22, 2011
3 pm

non-competitive
5K walk/run

Location:
Garvin Park
Open Shelter Near Pool
1738 N Main St
Evansville, IN 47710